



Sunday Menu from 12 – 3pm

Sunday Roast ^{GF*}

A traditional Sunday roast with your choice of meat, crispy roast potatoes, a selection of fresh vegetables, Yorkshire pudding & gravy (Beef, Gammon, Vegetarian Nut Roast)

Large Roast

£12.95

Small Roast

£9.95

Quinoa & Buckwheat salad ^{VG V GF DF}

Mixed leaves, cucumber, cherry tomatoes, semi dried tomatoes, roquito peppers, mixed seeds
£7.95

Chicken & Bacon Salad ^{GF DF}

Mixed leaves, cucumber, cherry tomatoes, roquito peppers, semi dried tomatoes, mixed seeds
£9.95

Fresh Newlyn Crab Salad ^{GF DF}

White & Brown Crab Meat, mixed leaves, cherry tomatoes, semi dried tomatoes, cucumber, roquito peppers, mixed seeds
£11.95

Sides

Chips ^{VG V GF} £2.75 / **Cheesy Chips** ^{V GF} £3.75

Children's Menu

Cornish Sausages ^{GF DF}

chips & beans

Vegetarian Sausages ^{VG V DF}

chips & beans

Chicken Goujons ^{GF}

chips & beans

£5.90 Each

Our kitchen uses allergenic ingredients. We do not have a specific allergen free zone or dedicated fryers. Please speak to your waiter if you have any dietary requirements. All dishes on this menu are subject to ingredients availability. GF - Gluten Free, GF* - Can Be Gluten Free with Modifications, V – Vegetarian, VG – Vegan VG* - Can Be Vegan with Modifications

Desserts

Mounts Bay Mess ^{V GF}
Meringues, Mixed Berries, Chantilly Cream
£6.95

Chocolate Brownie ^{V GF}
Chocolate Sauce,
Vanilla Ice Cream or Clotted Cream
£4.95

Slice of homemade cake ^{V GF*}
£3.75

Traditional Cornish Cream Tea ^V
Two Cornish scones,
Cornish clotted cream,
Strawberry Jam
£7.95

Cornish Cheese Board ^{GF* V}
Selection of Locally Sourced Cheddar, Brie & Blue,
Biscuits, Chutney, Celery
£8.95

Moomaid Cornish Ice Cream

1 scoop £2.10 • **2 scoops** £3.70 • **3 scoops** £4.60
Cornish Clotted Cream Vanilla • Mint Choc Chip • Shipwreck (Salted Caramel & Honeycomb)
• Pedro Ximenez Rum & Raisin • Belgian Chocolate • Strawberry & Clotted Cream

Optional – Cornish Clotted Cream £1.25

Vegan Ice Cream

Chocolate • Raspberry • Vanilla • Blueberry