

## SUNNY DAY MEALS

### SOUP OF THE DAY <sup>GF\* V</sup>

Fresh Local Bread

£6.95

### NACHOS

with Chilli Con Carne & Cheese

£8.95

with Cheese & Jalapenos

£6.95

### HAM, EGGS & CHIPS <sup>GF DF</sup>

Home cooked Ham, eggs,  
skin on fries

£11.95

### BEER BATTERED FISH <sup>GF</sup>

Skin on Fries, Garden Peas,  
Homemade Tartare Sauce

£13.95

### FALAFEL <sup>GF\* V VG</sup>

Flatbread, Hummus, Mixed salad

£8.95

Our kitchen uses allergenic ingredients. We do not have a specific allergen free zone or dedicated fryers.  
Please speak to your waiter if you have any dietary requirements.  
All dishes on this menu are subject to ingredients availability.

GF - Gluten Free, GF\* - Can Be Gluten Free With Modifications,  
V - Vegetarian, VG - Vegan VG\* - Can Be Vegan with Modifications  
DF- Dairy Free- DF\* - Can be Dairy Free with Modifications

## BURGERS

### BEEF BURGER <sup>GF DF\*</sup>

4oz Beef Burger,  
Lightly Toasted Focaccia Bun, Cheese,  
Homemade Relish, Mixed Leaves,  
Skin on Fries

### CHICKEN BURGER <sup>GF DF</sup>

Chargrilled Chicken Fillet,  
Lightly Toasted Focaccia Bun,  
Homemade Relish, Mixed Leaves,  
Skin on Fries

£10.95 Each

## CHILDREN'S MENU

### CORNISH SAUSAGES <sup>GF DF</sup>

chips & beans

### VEGETARIAN SAUSAGES <sup>VG V DF</sup>

chips & beans

### CHICKEN GOUJONS <sup>GF</sup>

chips & beans

### ROAST HAM <sup>GF</sup>

chips & beans

£5.90 Each

## SALADS

### QUINOA & BUCKWHEAT SALAD <sup>VG V GF DF</sup>

Mixed leaves, cucumber, cherry tomatoes,  
semi dried tomatoes, roquito peppers, mixed seeds

£7.95

### CHICKEN & BACON SALAD <sup>GF DF</sup>

Mixed leaves, cucumber, cherry tomatoes,  
roquito peppers, semi dried tomatoes, mixed seeds

£9.95

### FRESH NEWLYN CRAB SALAD <sup>GF DF</sup>

White & Brown Crab Meat, mixed leaves,  
cherry tomatoes, semi dried tomatoes,  
cucumber, roquito peppers, mixed seeds

£11.95

## SIDES

### CHIPS <sup>VG V GF</sup>

£2.75

### CHEESY CHIPS <sup>V GF</sup>

£3.75

## FILLED BAPS

**HAM & SALAD**  
£7.95

**CHEESE & TOMATO<sup>V</sup>**  
£6.50

**BACON**  
£7.25

**Mixed Crab**  
£10.95

**SAUSAGES & RED ONION MARMALADE**  
£7.95

**VEGAN SAUSAGES & RED ONION MARMALADE<sup>VC</sup>**  
£7.95

**All served with salad Garnish  
and Crisps**

## SWEET TOOTH

**TRADITIONAL CORNISH CREAM TEA<sup>V</sup>**  
TWO CORNISH SCONES,  
CORNISH CLOTTED CREAM,  
STRAWBERRY JAM  
£7.95

**SLICE OF HOMEMADE CAKE<sup>V GF\*</sup>**  
£3.75

**CHOCOLATE BROWNIE WITH CREAM<sup>V GF</sup>**  
£4.95

**MOUNTS BAY MESS<sup>V</sup>**  
MERINGUE, BERRIES, CREAM,  
£6.95

## DRINKS

### DRAUGHT

**Doom Bar**  
£3.85/£1.95

**Guest Ales**  
£4.10/£2.05

**Thatchers**  
£4.00/£2.00

**Guinness**  
£4.95/£2.50

**Carlsberg**  
£4.10/£2.05

**Korev**  
£4.65/£2.35

**San Miguel**  
£4.95/£2.50

**Rattler Pineapple**  
£4.95/£2.50

### BOTTLED BEERS/CIDERS

**Peroni**  
£3.50

**Becks Blue**  
£2.50

**Polgoon Cider**  
£4.95

**Polgoon Berry Cider**  
£4.95

**Peroni Gluten Free**  
£3.50

### SOFT DRINKS

**Cola/ Diet Cola/ Lemonade**  
£1.95/£3.50

**Still/ Sparkling Water**  
£1.85

**Fever Tree Mixers**  
(Tonic, Elderflower tonic,  
Light tonic, Meditterreanean  
tonic, Ginger ale)  
£2.15

**J2O**  
(Orange & Passionfruit,  
Apple & Mango,  
Apple & Raspberry)  
£2.90

**Appletiser**  
£2.90

### CORNISH ORCHARDS

**Elderflower Presse**  
£2.95

**Orange & Lemon Sparkle**  
£2.95

**Cranberry & Raspberry  
sparkle**  
£2.95

**Pressed Apple Juice**  
£2.95

**Ginger Beer**  
£2.95

### HOT DRINKS

**Espresso** £1.95  
**Americano** £2.35  
**Cappuccino** £2.85  
**Latte** £2.85  
**Flat White** £2.35  
**Mocha** £2.95

**Tea** £2.25  
(Earl Grey, Peppermint,  
Redbush, Chamomille,  
Red Berry)

**Hot Chocolate** £2.95

*Cutty Sark*  
bar restaurant

## LUNCHTIME

## MENU

**THURSDAY - SATURDAY**

**FROM 12-3PM**

**PLEASE ORDER & PAY**

**AT YOUR TABLE**