



## Evening Menu

### Nibbles

Mixed Marinated Olives <sup>VG GF DF</sup>

£3.50

Artisan Breads <sup>VG GF\* DF</sup>

Olive Oil, Balsamic, Hummus

£4.95

### Starters

Superfood Salad <sup>VG GF DF</sup>

Red Lentils, Quinoa, Chick Peas, Peppers,  
Cherry Tomatoes, Pumpkin Seeds, Chia Seeds,  
Sunflower Seeds, Blueberries, Goji Berries, Mint & Lemon Dressing

£5.95

Home Made Salt & Pepper Squid <sup>GF DF</sup>

Sweet Chilli Sauce

£6.95

Grilled Goats Cheese <sup>V GF\*</sup>

Mixed leaves, Onion Marmalade,  
Artisan Bread

£6.95

Fresh Newlyn Crab Cakes <sup>GF</sup>

Chilli Mayonnaise, Mixed Leaves

£8.25

Sticky BBQ Primrose Herd Ribs <sup>GF DF</sup>

Mixed Leaves

£7.25

or as a main

with Fries, Coleslaw & Onion Rings

£13.95

Cornish Seafood Chowder <sup>GF\*</sup>

Crusty Local Bread

£7.95 or as a main £11.95

Cornish Mussels <sup>GF\*</sup>

Marinière Sauce, Warm Bread

£8.95 or as a main £12.95

*Our kitchen uses allergenic ingredients. We do not have a specific allergen free zone.*

*Please speak to your waiter if you have any dietary requirements. All dishes on this menu are subject to ingredients availability.*

*GF - Gluten Free, GF\* - Can Be Gluten Free With Modifications, V - Vegetarian, VG - Vegan VG\* - Can Be Vegan with Modifications - DF - Dairy Free- DF\* - Can be Dairy Free*



## Mains

### Cutty Burger <sup>GF DF\*</sup>

Higher Trenowin Farm 6oz Beef Burger, Lightly Toasted Focaccia Bun, Bacon, Cheese, Homemade Relish, Mixed Leaves, Skin on Fries, Homemade Onion Rings

£11.95

### Halloumi Burger <sup>V VG\*GF</sup>

Crispy Fried Halloumi, Lightly Toasted Focaccia Bun, Garlic Field Mushroom, Homemade Relish, Mixed Leaves, Skin on Fries, Homemade Onion Rings  
(Vegan option available with crushed Falafel)

£12.50

### Chicken & Sausage Cassoulet <sup>GF\* DF</sup>

Local Pan-Fried Chicken Leg, Cornish Sausages, Mixed Beans, Tomato Sauce, Artisan Bread

£13.95

### Local Fish of the Day <sup>GF</sup>

Please see our specials board.

### Cornish Fish Pie <sup>GF</sup>

Local Cornish Fish Mix, Creamy Leek Sauce, Mashed Potato

£13.95

### Duo of Homemade Tarts <sup>V GF</sup>

Gouda, Tomato, Chutney Tart & Goats Cheese, Spinach, Sweet Red Onion Tart  
Mixed Salad & New Potatoes

£12.95

### Chargrilled Vegetable Penne <sup>VG GF</sup>

Penne Pasta, Aubergine, Squash, Courgette, Tomato Sauce

£11.95

Add Chicken for £2.00

### Chickpea & Butternut Squash Red Curry <sup>VG DF GF</sup>

Wild Rice, Poppadum

£13.95

### Cornish Ribeye Steak <sup>GF DF\*</sup>

Skin on Fries, Tomato, Seasonal Vegetables or Mixed Salad

£21.95

Add Peppercorn Sauce for £1.95

Make it a Surf & Turf:

Add King Prawns for £3.00

Add Chicken for £2.00

## Sides

Sweet potato fries £3.50 <sup>VG GF</sup> Mixed leaf salad £3.25 <sup>GF VG</sup> Mixed vegetables £3.25 <sup>GF VG</sup>

Garlic bread £3.25 / with melted cheddar cheese £4.25 <sup>GF\* V</sup> Skin on Chips £2.75 <sup>VG GF</sup>

Cheesy Chips £3.75 <sup>V GF</sup> New potatoes £2.75 <sup>GF VG</sup> Homemade Onion Rings £3.25 <sup>GF VG</sup>

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