



## Sunday Menu

### Smaller Plates

**Artisan Bread** <sup>VG GF\* DF</sup>  
Olive Oil, Balsamic, Hummus & Moroccan  
Spices  
£4.95

**Soup of the Day** <sup>V</sup>  
Warm Sour Dough  
£5.50

**Salt & Pepper Squid**  
Sweet Chilli Sauce  
£6.95

**House Salad** <sup>V GF\*</sup>  
Mixed Leaves, Cherry Tomatoes,  
Cucumber, Roquito Peppers, Pumpkin  
Seeds  
£5.25

**Seafood Chowder** <sup>GF\*</sup>  
Crusty Local Bread  
£7.95 or as a main £11.95

**Fresh Newlyn Crab Cakes** <sup>GF</sup>  
Chilli Mayonnaise, Mixed Leaves  
£8.25

### Main Courses

**Sunday Roast** <sup>GF\*</sup>  
A traditional Sunday roast with your choice of meat, crispy roast potatoes,  
a selection of fresh vegetables, Yorkshire pudding & gravy  
(Beef, Pork, Chicken, Vegetarian Nut Roast)

**Large Roast**  
£12.95

**Small Roast**  
£9.95

**Cutty Burger** <sup>GF\* DF\*</sup>  
Higher Trenowin Farm 6oz Beef Burger, Lightly Toasted Sour Dough Bun,  
Bacon, Cheese, Spicy Relish, Mustard Mayonnaise, Mixed Leaves,  
Skin on Fries, Onion Rings  
£11.95

**Halloumi Burger** <sup>GF\* V VG\*</sup>  
Crispy Fried Halloumi, Lightly Toasted Sour Dough Bun,  
Creamy Garlic Mushrooms, Spicy Relish, Mixed leaves,  
Skin on Fries, Onion Rings  
£12.50

**Cherry Tomato, Rocket & Cornish Gouda Tart** <sup>V</sup>  
Chutney, Mixed Salad & New Potatoes  
£11.95

**Ham, Egg & Chips** <sup>GF\* DF</sup>  
West Country Roast Ham, Skin on Fries  
£9.95

**Cornish Beer Battered Fish** <sup>GF\*</sup>  
Skin on Fries, Mushy Peas, Tartare Sauce  
£12.95



## Main Courses

### **Chicken Caesar Salad** <sup>GF\* DF\*</sup>

Mixed Leaves, Cherry Tomatoes, Grilled Chicken, Parmesan,  
Caesar Dressing, Crusty Local Bread

£9.95

### **Chargrilled Vegetable & Falafel Salad** <sup>GF\* VG\* DF</sup>

Mixed Leaves, Semi Dried Cherry Tomatoes, Cucumber,  
Roasted Peppers, Pumpkin Seeds, Mint Sauce, Crusty Local Bread

£8.95

### **Traditional Ploughman's Lunch** <sup>GF\*</sup>

Artisan breads, Home Roasted Ham, Cornish Cheddar, Piccalilli,  
Mixed Leaves, Pickled Onion, Coleslaw, Apple,  
Grapes, Celery, House Chutney

£9.95

### **Fresh Newlyn Crab Salad** <sup>GF\* DF\*</sup>

White & Brown Crab Meat, Mixed Leaves, Semi Dried Cherry Tomatoes,  
Cucumber, Roasted Peppers, Pumpkin Seeds, Crusty Local Bread

£12.95

***Our kitchen uses allergenic ingredients. We do not have a specific allergen free zone or dedicated fryers***

*Please speak to your waiter if you have any dietary requirements.*

*All dishes on this menu are subject to ingredients availability*

*GF - Gluten Free, GF\* - Can Be Gluten Free With Modifications, V - Vegetarian, VG - Vegan VG\* - Can Be Vegan with Modifications*

*DF- Dairy Free- DF\* - Can be Dairy Free with Modifications*