



Lunch Menu

Smaller Plates

Seafood Chowder, crusty local bread £7.95 *GF**

Selection of Olives, from the Cornish Olive Stall, crusty local bread, hummus, olive oil & balsamic £7.95 *VG GF**

Pisto Manchego, Mediterranean vegetable stew, scrambled eggs, toasted bread, Canara Farm salad leaves £7.95 *VG GF**

Ham Hock Terrine, piccalilli, toasted local bread £8.95 *GF**

Cornish Brie Fondue, baked Roddas 'Miss Wenna' Brie, warmed bread, red onion marmalade £8.95 *GF**

Larger Plates

Cornish Ham, free-range eggs, skin on fries £9.95 *GF*

St Ewe Egg Omelette, skin on fries, your choice of fillings £9.95 *V GF**

Ravioli, creamy pesto, Canara Farm salad leaves, parmesan crisp £9.95 *V*

Cutty Burger, Higher Trenowin Farm 6oz beef burger, lightly toasted brioche bun, Canara Farm salad, bacon, cheese, spicy relish, skin on fries, onion rings £11.95 *GF**

Halloumi Burger, crispy fried halloumi, lightly toasted brioche bun, Canara Farm salad, mushrooms, spicy relish, skin on fries, onion rings £11.95 *V GF**

Cornish Doom Bar Beer Battered Fish, skin on fries, mushy peas, tartare sauce, lemon £12.95 *V*

Pan Fried Fillets of Bass, patatas bravas, Canara Farm salad £13.95 *GF**

*Please turn over menu to see salads & sides



Salads

Falafel & Sweet Potato, cucumber & mint yoghurt, pomegranates, Canara Farm leaves, rocket, avocado, cucumber, red onion, semi dried tomatoes, pumpkin seeds £11.95 V

Blackened Chicken & Parmesan, Caesar dressing, Canara Farm leaves, rocket, avocado, cucumber, red onion, semi dried tomatoes, pumpkin seeds £12.95 GF

Chargrilled Tuna, tarragon & lemon butter, rocket, asparagus, avocado, black olives, red onion, new potatoes, poached egg £13.95 GF

Cornish Crab, ginger, chilli & lime dressing, samphire, Canara Farm leaves, rocket, avocado, red onion, semi dried tomatoes, pumpkin seeds, toasted bread £14.95 GF*

SANDWICHES

Cornish Brie, smoked bacon, spiced apple chutney £7.95 GF*

Roasted Mediterranean Vegetable, hummus, Canara Farm salad leaves £7.95 VG GF*

Cornish Ham, Cornish cheddar, tomato £8.95 GF*

Cornish Crab, lime mayonnaise £12.50 GF*

SIDES

Sweet Potato Fries £3.50 GF • Canara Farm Salad £3.25 GF • Roasted Root Vegetables £3.25 GF

• Seasonal Vegetables £3.25 GF

Garlic Bread £3.25 / with melted Cheddar cheese £4.25

Skin on Fries £2.75 GF • Cheesy Fries £3.75 GF • New Potatoes £2.75 GF

Our kitchen uses allergenic ingredients. We do not have a specific allergen free zone or dedicated fryers

Please speak to your waiter if you have any dietary requirements

All dishes on this menu are subject to ingredients availability

GF - Gluten Free, GF - Can Be Gluten Free With Modifications, V - Vegetarian, VG - Vegan*

VG - Can Be Vegan With Modifications*